



Dementia Friends Ohio

A Dementia Friendly America initiative and a program of the Ohio Council for Cognitive Health

Would you like to know how you can better support your friend, neighbor, or loved one with dementia?



Dementia Friends

is a global movement that is changing the way people think, act, and talk about dementia.

Dementia Friends

- Raise awareness and understanding of dementia
- Challenge the stigma and negative messaging
- Provide effective communication and engagement tips
- Inform others of helpful local, state, and national dementia resources
- Encourage dementia friendly actions that make a difference in people's lives

"I wish I would have had this information years ago, especially the communication tips."

"I have a better appreciation of what my mom is going through, and I have more ideas of things I can do to help my neighbor."

"Deep down, a person with dementia is still the same person."



— Dementia Friends Ohio Session Participants

IT'S EASY!



Participate in a free one-hour in-person or virtual Dementia Friends session

Every action counts!

There are many groups who are already involved in Dementia Friends here in Ohio.



Join a FREE session open to the public, or arrange for a session just for your family or organization. Leave with information that will empower you to help others. Contact us to sign up.

How does it work? 



For more information or to schedule a session, contact Marty Williman, BSN, RN, Program Director, Ohio Council for Cognitive Health at mwilliman@ocfch.org | www.ocfch.org